

GUIDE

for International Students



UNIVERSITATEA
LUCIAN BLAGA
— DIN SIBIU —

STUDYING AT ULBS

Sibiu is a beautiful city in the heart of
Transylvania!

Whether you are coming from Europe or beyond,
this guide is here to help you navigate your new
life in Sibiu, Romania.

Staying in a new country can be both exciting and
overwhelming, so we have created this guide to
help you settle in and make the most of your
experience here!

From practical tips like electrical outlets to
cultural nuances, we have got you covered.



As a warm welcome to Sibiu, here are some common

WORDS & PHRASES

The Basics



Start with a smile and say:

"Bună!" – That's hello.

Feeling friendly? Go for "Salut!" – It's like saying hi to your pals.

Leaving? Just wave and say "La revedere!" – Goodbye!

Getting ready for bed? Whisper "Noapte bună!" – Good night!

And don't forget your manners:

"Mulțumesc!" – Thank you!

"Cu plăcere!" – You're welcome!

"Te rog" – That's please. Say it nicely.

"Scuză-mă" or "Pardon" – Both work when you bump into someone (which might happen a lot on narrow sidewalks).

Small Talk Survival

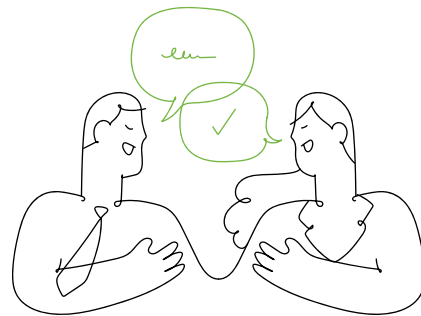
Want to make Romanian friends? Try this:

"Ce faci?" – How are you?

"Cum te numești?" – What's your name?

"De unde ești?" – Where are you from?

And the big one: "Vorbești engleză?" – Do you speak English? (Cross your fingers for "da!")



Words You'll Hear a Lot

Student – Yep, still student. Easy win.

Profesor – Teacher. Be nice to them.

Curs – Class. You may want to go.

Examen – Exam. (We're sorry.)

Mâncare – Food. Essential.

Apă – Water. Very useful.

Bani – Money. Less fun, still essential.

Autobuz / Taxi – Bus / Taxi. Self-explanatory.

Finding Your Way Around Campus

You might need to ask:

"Unde este biblioteca?" – Where is the library?

Or maybe: "Unde e cantina?" – Where's the cafeteria?

Or if you're hopelessly lost: "Unde e căminul?" – Where's the dorm?

THE HISTORY OF ULBS

Lucian Blaga University of Sibiu stands as a testament to the rich educational heritage of Sibiu, a city with academic traditions dating back to the **14th century**. The formal inception of ULBS occurred in 1990, evolving from earlier educational institutions and reflecting a commitment to academic excellence.

The university's name honors **Lucian Blaga**, a renowned Romanian **philosopher and poet**, who had significant ties to Sibiu during the 1940s. ULBS encompasses nine faculties, offering a diverse array of programs that cater to a broad spectrum of academic interests.

Today, it serves as a dynamic center for learning, research, and cultural development in Romania and beyond - with **81 Bachelor's programs, 58 Master's programs, 16 Ph.D. fields, 1 Romanian Preparatory Year** and **2 modules for Erasmus+ students**.

WHY STUDY AT ULBS?

Lucian Blaga University of Sibiu offers international students an engaging and future-focused academic experience. With a diverse range of undergraduate, master's, and doctoral programs, including several **English taught programs**, ULBS prepares students for success in a globalized world. The university supports academic mobility through Erasmus+ and other international partnerships, giving students the chance to study in different countries and broaden their cultural and professional horizons.

Students benefit from modern facilities, supportive teaching staff, and access to internships, workshops, and international conferences. The university also offers **joint and multiple degree programs** in collaboration with institutions across Europe, increasing graduates' competitiveness on the global job market.



ABOUT ULBS

THE HISTORY OF SIBIU

Sibiu, one of Romania's most picturesque cities, boasts a rich history that dates back to medieval times. It was founded by Saxon settlers in the 12th century as part of a fortified system along the borders of the Holy Roman Empire. Over the centuries, Sibiu flourished as a cultural and economic hub, particularly during the 14th and 15th centuries, when it became a major center of trade and education. In the 18th century, it served as the capital of Transylvania for a brief period, solidifying its importance in the region.

Today, Sibiu is celebrated for its well-preserved medieval architecture, including the famous **Brukenthal Palace** and the **Lutheran Cathedral**, which attract tourists from around the world.

The city's culture is a vibrant blend of its Saxon heritage and Romanian traditions, creating a unique atmosphere that is both cosmopolitan and deeply rooted in history.

Modern Sibiu is known for its cultural events, such as the **Sibiu International Theatre Festival** and **Sibiu Jazz Festival**, which draw international artists and visitors.

The city maintains a lively student population, an artistic community, and a warm, welcoming atmosphere that balances historical pride with progressive ideas, making it one of Romania's most dynamic and culturally rich cities.



ABOUT SIBIU

VISA & RESIDENCE PERMIT

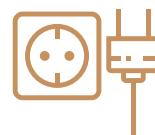
- If you require a visa, apply in advance at the Romanian embassy in your country.
- After arrival, international students must **apply for a residence permit** at the **Immigration Office** in Sibiu.

CURRENCY & BANKING

- The local currency is the **Romanian Leu (RON/LEI)**.
- 1 EUR \approx 5 RON (exchange rates may vary).
- It is best to exchange money at official exchange offices or banks.
- Opening a Romanian bank account is recommended for easier transactions.
- **Recommended banks:** ING Bank, Banca Transilvania, Raiffeisen Bank, BCR, BRD

ELECTRICITY & PLUGS

- Romania uses **Type F plugs** (*European standard*) with a voltage of **230V** and a frequency of **50Hz**.
- You may need a plug adapter if your country uses a different type.



GOOD TO KNOW





Costs of



LIVING

ACCOMMODATION

University Dorms

- Affordable option: 500-1000 RON per month.
- Shared rooms, basic facilities, and a student-friendly environment.

Renting an Apartment

- Costs: 1,200 - 2,500 RON per month (depending on size and location).
- Recommended neighborhoods: Center, Hipodrom, Vasile Aaron.
- Websites for finding rentals: OLX.ro, Storia.ro, or Facebook groups.

GENERAL COSTS OF LIVING

- **Groceries:** ~600-900 RON/month
- **Eating out:**
Budget meal ~25-40 RON,
Restaurant meal ~60-120 RON
- **Gym membership:** ~200 RON/month
- **Mobile data & Internet:** ~30-60 RON/month
- **Cinema ticket:** 30-50 RON

FOOD & SHOPPING

Supermarkets

- **Affordable:** Lidl, Penny, Profi
- **Wide variety:** Carrefour, Auchan, Kaufland

Markets

- **Local markets** (e.g., Piața Cîmpului) offer fresh fruits, vegetables, and traditional Romanian food.

Restaurants

- **Local cuisine:** Crama Sibiul Vechi, La Cuptor, La Dobrun
- **Fast food:** McDonald's, KFC, Shish Shaorma

TRANSPORTATION IN SIBIU



PUBLIC TRANSPORTATION

The local public transportation company (busses) is **Tursib**.

Official website, schedules, and tickets:

<https://www.tursib.ro/?language=en>

CFR Calatori is Romania's official train transportation company.

Official website:

<https://www.cfrcalatori.ro/en/>

SUSTAINABLE/GREEN TRAVEL

The local city bicycle rentals

Official website: <https://bikecity.sibiu.ro/>

Public Transport:

- Sibiu has a well-connected bus system that is easy to use. Tickets can be bought from kiosks, onboard from the driver, or using a mobile app.
- Make sure to validate your ticket by stamping it at a ticket machine before you board the bus.
- You can also get a monthly transport pass if you plan to use buses often.
- A **monthly student bus pass** is covered by the University. Please contact your Faculty secretary's office for more information.

Walking and Cycling:

- Sibiu is a relatively small city, so walking and cycling are great options to get around.
- Sustainable transportation options are available, and there are many bike paths and pedestrian-friendly areas, especially in the city center.

Taxis and Ride-Sharing:

- Taxis are available, but it is recommended to use ride-sharing apps like **Uber** or **Bolt**, which are more commonly used in Sibiu.
- *Taxi tip:* always make sure the meter is running to avoid overcharging.

TAXI NUMBERS:

0269 942

0269 924

0269 953

HEALTH & SAFETY



HEALTH INSURANCE

- If you are an **EU student**, you can use your European Health Insurance Card (EHIC) for medical services in Romania.
- **Non-EU students** will need to get health insurance either through their university or privately. Check with your university about the options available.
- ULBS students can benefit from free medical services provided by the **Student Medical Office**.

HOSPITALS

- **Public hospitals:** Sibiu County Hospital
- **Private hospitals:** Regina Maria, MedLife Polissano Hospital
- Health insurance is required; check if your country has an agreement with Romania.

EMERGENCY NUMBERS

- **112** is the emergency number for police, fire, or medical emergencies.

PHARMACIES

- Pharmacies are widely available, and most of them have English-speaking staff. If you need medication, ask for a "**farmacie**".

SIM CARD, WIFI & INTERNET



SIM CARD

- **Major providers:** Orange, Vodafone, Digi, Telekom.
- Prepaid SIM cards are available at supermarkets and mobile shops.
- Monthly plans range from **30-60 RON**, offering unlimited calls and mobile data.

WIFI & INTERNET

- You can access the University's Eduroam network using the same credentials as your home University.
- Free WiFi is available in most cafés, restaurants, and public areas.

UNIVERSITY CAMPUS

UNIVERSITY DORMITORY

IMPORTANT

Regarding dormitory applications:

International students must apply through the online platform for a place in the dormitory.

It is very important that you check the website to know when applications for a place in the dorms for the following year open.

Announcements regarding dorms:

<https://campus.ulbsibiu.ro/ro/anunturi/>

Erasmus+ students will receive more information regarding accommodation from the ULBS International Office after they have received their Acceptance Letter.



UNIVERSITY CANTEEN

Canteen Operating Hours:

Monday to Friday, 12:00 PM – 3:30 PM.

Payment Methods:

Payments can be made using a bank card or cash.

Food services within the Faculty:

Vending machines stocked with snacks, sandwiches, and coffee are available in all university faculties.

Pricing:

The canteen is known for its affordable prices. For instance, a meal comprising a main course, side dish, and dessert is priced around **25-30 RON**.

Quality and Sourcing:

The canteen emphasizes using fresh ingredients, sourcing produce from local suppliers.

Accessibility:

Access to the canteen requires a **student card**.



UNIVERSITY LIBRARY

IMPORTANT TO KNOW

Operating Hours (Academic Year 2024-2025):

- Monday to Friday: 8:00 AM – 9:45 PM
- Saturday and Sunday: 10:00 AM – 6:00 PM

Access, Membership, Student Leaflet:

- Students can access the library's resources by presenting a **valid student ID**.
- For detailed information on membership registration and borrowing privileges, it's advisable to contact the library staff directly or visit the [official library website](#).
- You can access the **Student Leaflet** to find more information and details about services offered at the University Library.

ACCESSIBILITY

The ULBS Library is designed to be accessible to all students, including those with disabilities.

Key features include:

- Ramps and elevator access
- Accessible restroom on the ground floor
- Workspaces and resources for visually impaired users
- Braille publications and assistive technology
- Support from library staff on every floor

We are committed to continuously improving accessibility and expanding resources for students with special needs.

Librarians are available on every floor to assist with locating books, using assistive technologies, and navigating the library space. We are continuously working to improve accessibility and expand our resources for users with special needs.



SMARTHUB

YOUR GATEWAY TO STUDENT SUPPORT AT ULBS

SmartHub is ULBS's **dedicated support center**, offering guidance in mental health, career planning, and academic success. Its team includes psychologists, career counselors, sociologists, and faculty experts who work together to support students through:

- **Counseling & Well-being** – Individual and group sessions for mental and emotional support
- **Career Guidance** – Help with career choices, job market readiness, and professional growth
- **Academic Support** – Strategies for learning, adaptation, and overcoming academic challenges
- **Workshops** – Personal development programs to build confidence and decision-making skills

SmartHub also partners with university departments, employers, and other institutions to ensure students receive relevant, real-world support.

SmartHub includes three key offices:

- **Alumni Office** – Keeps graduates connected with the ULBS community
- **Counseling & Career Office** – Offers psychological and career-related support
- **Learning Center** – Helps students strengthen their study habits and academic performance

SmartHub is committed to fostering a supportive and enriching environment for all ULBS students, ensuring they have the resources and guidance needed to thrive academically and personally.



Going out in Sibiu:

SOCIAL LIFE

Student Life

- Join **Erasmus Student Network (ESN Sibiu)** for events and networking with other international and Romanian students.
- Participate in university sports and cultural activities.

Events and Nightlife

- Local festivals: The International Theatre Festival, Focus Festival, Vino Festival, Sibiu Guitar Meeting, Astra Film Festival, ARTMania festival.
- Popular clubs: Oldies Pub, Cotton Club, Liquid the Club, Backyard, BARO

Cultural and Leisure

- Visit the Brukenthal Museum, ASTRA Museum, and TNRS (National Sibiu Theatre).
- Explore Sibiu's parks: Sub Arini park, Belvedere park, ASTRA park.
- Explore Piața Mare, Piața Mică, and the Bridge of Lies.
- Popular coffee shops: 5 to Go, Ted's Coffee, Stradal Coffee, Hug the Mug, Hug the Plate, Charlie's, Amor Perfecto, Lumos.

You can find more events on the **Sibiu City App** or on their website: <https://sibiucityapp.ro/en/events>



CLICK ON THE BOLDED TEXT!

LOCATIONS

Contact Us

International Relations Office -

Victoriei Boulevard nr.10, within the Rectorate.

Contact the International Relations Office here

Dormitory 1, 2, and 3 -

Victoriei Boulevard nr. 31

Dormitory 4 -

Vasile Aaron Street nr. 14

Dormitory 6 and 7 -

Pedagogilor Street, nr. 7

Canteen -

Victoriei Boulevard nr. 31

Student Medical Office -

Ground floor of Dormitory 1

Contact the University Dormitory, Medical Office and Canteen here

University Library -

Lucian Blaga Street nr.2A, within the Faculty of Medicine.

Contact the University Library here

LINKS, CONTACT, LOCATIONS



We hope you found our Guide helpful!

SEE YOU SOON!

Stay in the Loop! ➡📱

Want to see what ULBS international students are up to (besides studying hard, of course)?

Follow us on **Facebook** and **Instagram** to keep up with everything fun and useful happening at the International Relations Office and in the international student community!



ULBS - International Relations



@international.ulbs